

Additional Comprehensive Trainings

(Current - 5 years)

Cultural Diversity & Social Justice:

Adapting Mental Health Care for Autistic Patients: The Usefulness of Motivational Interviewing; 7/16/2025

Is There a Term for That? Understanding Gender and Sexual Diversity Among Youth; 3/20/2024

Treating Black Pain: Anti-racist Strategies for Therapy with Black Americans; 2/23/2024

Racial Trauma and Minority Stress: The Culturally Competent Clinician's Guide to Assessment and Treatment; 2/19/2024

Able-Bodied Privilege & Ableism: What Psychologists Need to Know; 1/24/2024

Understanding Latinx Communities from Decolonial Perspectives: Implications for Practice and Training; 10/07/2022

Psychotherapy with LGBTQ Patients: Clinical and Cultural Considerations; 10/22/2021

Racial Stress and Trauma-What's Going On!? Increasing Clinical Self-Awareness and Providing Effective Trauma Informed Care; 9/08/2021

A Tale of Two Pandemics: Racism and the Psychological Distress of Black Men and Boys; 5/14/2021

Promoting Resilience in American Indian Mental Health; The development of a psychoeducational intervention for suicide prevention; 4/09/2021

Social (In)Justice and Mental Health; 3/12/2021

Bereavement/Grief:

Counseling Grief Clients Certification Training: Function Interventions for Everyday Use; 7/31/2025

Postpartum Health:

Postpartum Depression & Related Disorders: Clinical Strategies to Identify and Treat Mothers Who Are Suffering in Silence; 11/20/2021

Eating Disorders:

Emotional and Disordered Eating: Trauma-Informed Clinical Tools to Heal Your Client's Relationship with Food and Body; 10/15/2023

Psychopharmacology:

ADHD Medications, Benefits, Risks, and New Developments; 10/28/2025

Therapeutic Effects of Psilocybin in Individuals with Depression, Demoralization, and Bipolar Disorder; 1/14/2022

Psychopharmacology Update: Medications, the Brain, and Behavior: 11/20/2021

Using Motivational Interviewing to Have Difficult Conversations about Health and Risk; 2/12/2021